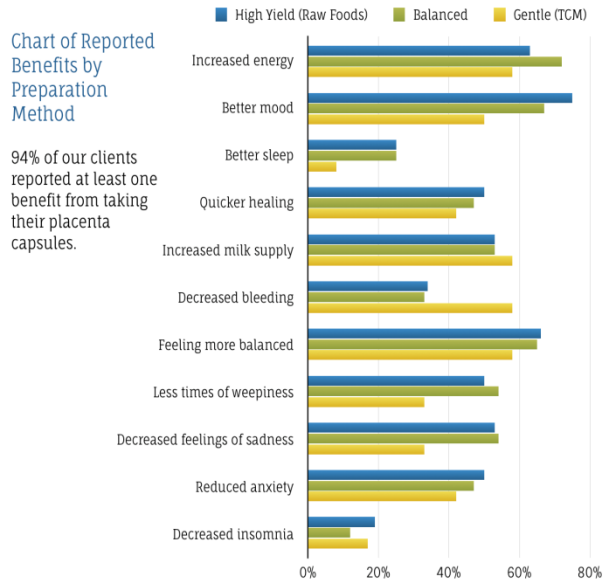


You Can Experience

Placenta Medicine Benefits

- Help to balance your hormones
- Replenish depleted iron levels
- Assist the uterus to return to its pre-pregnancy state
- Reduce postpartum bleeding
- Increase milk production
- Make for a happier, more enjoyable postpartum period
- Increase your energy levels



* Prodigious Birth Services is not a pharmacy, pharmaceutical representative, holistic practitioner, herbalist, or medical doctor. Benefits of placentophagy are supported by ongoing research but have not been evaluated by the Food and Drug Administration. Placentophagy is for natural nutritional supplementation and is intended solely for the ingestion by the mother who has birthed the placenta(s) and not for her family members, friends, or other individuals. It is a natural nutritional supplement and cannot be guaranteed to produce specific results.



Prodigious
BIRTH SERVICES

Jenn Carlson

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Who Is Your Encapsulator?

I am a graduate of Norwich University: the Military College of Vermont and an IT and theater professional.

I am a CBI and DONA Trained, Madriella Certified Birth and Postpartum Doula as well as a Breastfeeding Counselor. In addition I am an AHA Infant CPR instructor, a certified Reiki practitioner, and an independent encapsulation specialist.

Training I have had:

- Certified in Benefits of the Placenta
- Certified OSHA training in BloodBorne Pathogens
- Certified in Food Safety in the Commonwealth of Virginia

You Ate What?!

Using Your Own
Placenta Medicine
For An Easier
Postpartum



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How is the encapsulation process completed?

There are two methods for preparing your placenta as well as the choice of location. You may have your placenta encapsulated in your home or in our dedicated workspace. The placenta is prepared using identical protocols. There is no variation in preparation based on the location.



Gentle (TCM)

Gentle (TCM) Traditional Chinese Medicine Preparation: The placenta is gently steamed with lemon and ginger, sliced thin and dehydrated. It is then ground into a powder and put into capsules. This method is good for placentas that have had slight meconium staining or moms who are worried about bringing balance to their postpartum cycles.

High Yield (Raw Foods)

High Yield (Raw Foods) Preparation: Some mothers decide to forgo the steaming process and have their placenta encapsulated raw. Hormones and nutrient load are lessened when food is cooked so in this preparation the placenta is gently cleaned, sliced, and dehydrated slowly on low heat, then ground, and put into capsules. This method is preferred by moms who feel their energy levels need boosting after baby's birth.

Other Options:

Tincture

A tincture is used after the pills have been consumed and can last indefinitely. We will put a sliver of your fresh placenta to soak in 100-150 proof alcohol for 24 hours or up to six weeks, then we will strain it for you into convenient sized bottles for storage. Many women use their placenta tincture to help them through their menopause years. Some of the benefits include, with just a few drops, hormone stabilization in your postpartum cycles, less bleeding during those cycles, energy and for menopause years down the road. Tinctures can be stored indefinitely, and come in a dropper bottle with dosage suggestions.

Placenta Prints/Smoothie Cubes

Using edible food coloring gels along with your natural fluids we can capture the "Tree of Life" in prints so you can preserve the likeness of the organ that kept your baby alive. For smoothie cubes all or part of your placenta prepared and frozen in cubes in order to be consumed in fruit smoothies.

When is the process completed?

To get the most benefits out of the process, we recommend that the process is completed within 48-72 hours of your baby's birth. Please call us when the baby is born, and we will arrange for pick up. Prodigious Birth Services will deliver you the complete encapsulated placenta within one week (7 days) of your baby's birth.



Pricing:

Placenta services are available for \$350 with other options available at \$25 a piece.

We require a deposit of \$50.00 in order to book your encapsulation. If the placenta is not able to be encapsulated for reasons due to its condition, a full refund will be given. No refund will be given for failure to contact us after your birth.

Visit our website for more information and to book services: prodigiousbirth.com